

WHAT WE CLAIM IS:

1. A ligand for peroxisome proliferator-activated receptor which comprises curcumin or its derivative.
2. The ligand for peroxisome proliferator-activated receptor according to Claim 1,
wherein said peroxisome proliferator-activated receptor is a peroxisome proliferator-activated receptor γ .
3. A composition for preventing and/or improving Insulin Resistance Syndrome,
which comprises at least one selected from the group consisting of curcumin and its derivatives as an active agent.
4. A composition for preventing and/or improving diabetes mellitus,
which comprises at least one selected from the group consisting of curcumin and its derivatives as an active agent.
5. A composition for preventing and/or improving obesity or visceral fat obesity,
which comprises at least one selected from the group consisting of curcumin and its derivatives as an active agent.
6. The composition according to any of Claims 3 to 5,
which is applicable for foods and drinks.
7. The composition according to any of Claims 3 to 5,
which is applicable for pharmaceuticals.
8. The composition according to any of Claims 3 to 5,
which can be given to domestic animals or pets.